Comprehensive Pain Management

American Society of Anesthesiology/ American Board of Pain Medicine Office) 972-612-0162 Fax) 975-612-0173

Patient Information	Insurance Information
Please fill out legibly. Date:	▶Primary Insurance:
► Name	Policy #:Group #:
D.O.B: SSN #:	Guarantor:
Address:	PPO HMO EPO OTHER:
City: State: Zip:	
Home Number:	► Secondary Insurance:
Cell Number:	Policy #:Group #:
Employer:	Guarantor:
Occupation:	PPO HMO EPO OTHER:
Work Number:	
Marital Status:	Workman's Compensation
Spouse: D.O. B.:	► Claim #: DOI:
	Adjustor:
Emergency Contacts	Contact #:
►Name:	Insurance Carrier:
Relation:Contact #:	
►Name:	
Relation:Contact #:	
	Primary Care Physician: Office Number:
	▶Referring Physician:

Office Number: _

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ASSIGNMENT OF INSURANCE BENEFITS

The undersigned hereby authorized the release of any information relating to all claims for benefits submitted on behalf of myself

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Date:						
Name:						
Age:						
Referring Doctor:						
1. Where is your pain?						
2. When did it start?						
3. Briefly describe the history of your pain						
4. Are you taking Pain medications? Y / N	How long hav	ve you been or	n pain medic	eations?		
5. Have you had any surgery for your pain?						
6. When is the pain the worst?	Morning	Afternoon	Night			
7. Circle the best descriptions of your pain:	Burning	Aching	Sharp	Stabbing	Shooting	Throbbing
8. What activity makes the pain worse?	Standing	Sitting	Walking	Bending	Lying down	
9. What activity makes your pain better?						
10. Grade your pain from 0 to 10 (zero=no pa	uin/10=worst p	oain ever):	Usual pain_	Pa	ain w/ activity	
11. Have you had any of these treatments: Ph	ysical therapy	/ Epidural ste	roid injection	ons / Facet ble	ocks / Trigger po	oint injections
Narcotic pump implant / Spinal cord stim	ulator implant	/ Botox inject	ions / Chiro	practic treatn	nents	
12. Do you have weakness in your arms? Y/	N If yes, wh	nich arm?				
13. Do you have weakness in your legs? Y/ N	If yes, whi	ch leg?				
14. Are there any areas of numbness? Y/N	If yes, where	e are you num	b?			
15. Is your case under Worker's Compensation	n? Y/ N If y	es, date of inj	ury is			
16. Are you involved in any lawsuits concern	ing your case?	Y/N				
17. Have you ever had psychiatric counseling	g? Y/N If y	yes, when was	your last co	ounseling?		
18. Please list all other physicians who are in	volved in your	care				

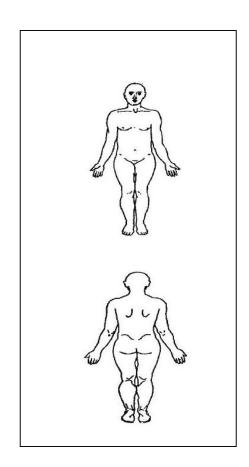
Pain

Past Medical History: (Please circle)

Seizures Strokes Migraines High blood pressure Heart attack Heart failure Atrial fibrillation Low heart beat Fast heat beat
Mitral valve prolapse COPD Emphysema Asthma Breast cancer Lung cancer Hepatitis Cirrhosis Pancreatitis Acid
Reflux Gastric ulcers Crohn's disease Anxiety Depression Panic attacks Bipolar disorder Suicide attempt Kidney disease
Irritable bowel syndrome Liver disease Diabetes Hypothyroidism Hyperthyroidism Osteoarthritis Rheumatoid arthritis
Fibromyalgia Sleep Apnea Using Aspirin Using Coumadin Multiple sclerosis Drug addiction HIV Head injury Blood
clots Lupus Ulcerative colitis Endometriosis Chronic fatigue syndrome TMJ Blood transfusion
Chronic back pain Chronic neck pain Scoliosis TB Peripheral neuropathy Restless leg syndrome
Other:

Do you have any allergies to any medications? (please circle) Y/ N	
If yes, what are your allergies?	

Please list all Major surgeries:	<u>Date:</u>
1	
2	
3	
4	
5.	
Name of Medications and their Doses:	<u>Frequency</u> :
	
Name of Medications and their Doses:	
Name of Medications and their Doses: 1	
Name of Medications and their Doses: 1 2 3	
Name of Medications and their Doses: 1 2	



Pain Clinic

Have you had an MRI? Y/N If yes, Date of last MRI
Have you had an EMG/NCV? Y/N If yes, Date of last EMG?(Muscle testing and nerve testing)
Have you had an EKG? (Cardiac tracing) Y/N If yes, Date of last EKG
<u>Previous Medications used</u> : (Please circle)
Demerol Dilaudid Morphine Codeine MS Contin Kadian Avinza Methadone Percocet Percodan Talwin
Hydrocodone Tylenol#3 Tylox Ultram Ultracet Lortab Lorcet Vicodin Oxycontin Oxycodone Opana
Duragesic Patch Actiq Elavil Neurontin Lyrica Xanax Ativan Valium Flexeril Soma Zoloft Trazadone
Have you had any problems with over use or abuse with any of the prescription drugs as listed above? Y / N $$
Social History: (Please circle)
Married / Single/ Widowed?
Current or past Occupation
Do you collect social security disability or work related disability?
Do you Smoke? Y/ N If yes, how much do you smoke?
$Do\ you\ drink\ alcohol?\ \ Y/\ N \qquad Have\ you\ been\ through\ alcohol\ rehab?\ \ Y/\ N \qquad Have\ you\ been\ through\ Drug\ rehab?\ \ Y/\ N$
Do you have any history of current or past drug use? (please circle) Prescription drugs Marijuana Cocaine Heroin Speed Crystal Meth Amphetamines PCP Ectascy Crack
Family History: (Please circle)
Mother's medical history:
Living or Deceased
Age
If deceased, cause of death
List mother's medical problems:
Father's medical history:
Living or Deceased
Age
If deceased, cause of death
List father's medical problems:
Are there any family members with a history of alcoholism? Y/ N If yes, who
Are there any family members with a history of drug abuse? Y/ N If yes, who

Pain Clinic

Do you currently suffer from any of these problems? (Please circle)
1. General: fever chills fatigue insomnia
2. Eyes and ears: double vision blurred vision
3. Skin: easy bruising easy bleeding get infections easily
4. Psychiatric: anxiety depression thoughts of suicide attempted suicide
5. Neurologic: headache dizziness tremors vertigo
6. <u>Cardiovascular</u> : chest pain palpitations murmurs
7. Respiratory: cough shortness of breath wheeze
8. Gastrointestinal: abdominal pain constipation diarrhea nausea vomiting
9. <u>Genitourinary</u> : new bladder control problems new bowel control problems
10. Musculoskeletal: muscle diseases joint diseases
11. Endocrine: unexpected weight loss or weight gain
Height: Current Weight: Ideal Weight:
For Physician's use: Back/ Neck BP/HR:
Inspection: lordosis: normal/ decreased khyphosis: +/ Scoliosis: +/
Palpation:
Range of motion: flexionextension
Motor function:
Sensory function:
Reflexes: PatellarAchillesBicepsTriceps
Straight leg:Hoffman'sInverted Brachioradialis
Gait:Station:
SI: PalpationPelvic rockFabere's
Other
Dianosis:
Cerical facet(716.98), Sacroiliiac (720.2), DDD-lumbar (722.52), FBSS-cervical (722.81), FBSS-lumbar(722.83), SS-lumbar (724.02), MFPS (729.1), DrugD(304.9)
Plan:
Chief complaint:
Plan for chief complaint:

Objective for treatment plan: better pain control better physical function better physicosocial function minimize side effects monitor risk for abuse

Informed consent obtained Risks of narcotics discussed Narcotic agreement discussed Plan for periodic review discussed

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SOAPP®-R

The following are some questions given to patients who are on or being considered for medication for their pain. Please answer each question as honestly as possible. There no wrong or right answers.

Patient Name:	Date:					
		Never	Seldom	Sometimes	Often	Very
Please answer the questions using the following scale:		0	1	2	3	4
1. How often do you have mood swings?						
2. How often have you felt a need for higher doses of medication to treat you	ır pain?					
3. How often have you felt impatient with your doctors?						
4. How often have you felt that things are just too overwhelming that you can them?	n't handle					
5. How often is there tension in the home?						
6. How often have you counted pain pills to see how many are remaining?						
7. How often have you been concerned that people will judge you for taking pedication?	oain					
8. How often do you feel bored?						
9. How often have you taken more pain medication that you were supposed to	0?					
10. How often have you worried about being left alone?						
11. How often have you felt a craving for medication?						
12. How often have others expressed concern over your use of medication?						
13. How often have any of your close friends had a problem with alcohol or dr	rugs?					
14. How often have others told you that you had a bad temper?						
15. How often have you felt consumed by the need to get pain medication?						

16. How often have you run out of pain medication early?

17. How often have others kept you from getting what you deserve?

18. How often, in your lifetime, have you had legal problems or been arrested?

Please answer the questions using the following scale:	Never	Seldom	Sometimes	Often	Very Often
	0	1	2	3	4
20. How often have you been in an argument that was so out of control that someone got hurt?					
21. How often have you been sexually abused?					
22. How often have others suggested that you have a drug or alcohol problem?					
23. How often have you had to borrow pain medications from your family or friends?					
24. How often have you been treated for an alcohol or drug problem?					

Please include any additional information you wish about the above answers below. Thank you.

Score:	

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INFORMED CONSENT AND PAIN MANAGEMENT AGREEMENT AS REQUIRED BY THE TEXAS MEDICAL BOARD

REFERENCE: TEXAS ADMINISTRATIVE CODE, TITLE 22, PART 9, CHAPTER 170

3Rd Edition: Developed by the Texas Pain Society, April2008 (www.texaspain.org)

NAME OF PATIENT:	DATE:
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TO THE PATIENT: As a patient, you have the right to be informed about your condition and the recommended medical or diagnostic procedure or drug therapy to be used, so that you may make the informed decision whether or not to take the drug after knowing the risks and hazards involved. This disclosure is not meant to scare or alarm you, but rather it is an effort to make you better informed so that you may give or withhold your consent/permission to use the drug(s) recommended to you by me, as your physician. For the purpose of this agreement the use of the word "physician" is defined to include not only my physician but also my physician's authorized associates, technical assistants, nurses, staff, and other health care providers as might be necessary or advisable to treat my condition.

CONSENT TO TREATMENT AND/OR DRUG THERAPY: I voluntarily request my physician (name at bottom of agreement) to treat my condition which has been explained to me as chronic pain. I hereby authorize and give my voluntary consent for my physician to administer or write prescription(s) for dangerous and/or controlled drugs (medications) as an element in the treatment of my chronic pain.

It has been explained to me that these medication(s) include opioid/narcotic drug(s), which can be harmful if taken without medical supervision. I further understand that these medication(s) may lead to physical dependence and/or addiction and may, like other drugs used in the practice of medicine, produce adverse side effects or results. The alternative methods of treatment, the possible risks involved, and the possibilities of complications have been explained to me as listed below. I understand that this listing is not complete, and that it only describes the most common side effects or reactions, and that death is also a possibility as a result from taking these medication(s).

THE SPECIFIC MEDICATION(S) THAT MY PHYSICIAN PLANS TO PRESCRIBE WILL BE DESCRIBED AND DOCUMENTED SEPARATE FROM THIS AGREEMENT. THIS INCLUDES THE USE OF MEDICATIONS FOR PURPOSES DIFFERENT THAN WHAT HAVE BEEN APPROVED BY THE DRUG COMPANY AND THE GOVERNMENT (THIS IS SOMETIMES REFERRED TO AS "OFF-LABEL" PRESCRIBING). MY DOCTOR WILL EXPLAIN HIS TREATMENT PLAN(S) FOR ME AND DOCUMENT IT IN MY MEDICAL CHART.

I HAVE BEEN INFORMED AND understand that I will undergo medical tests and examinations before and during my treatment. Those tests include random unannounced checks for drugs and psychological evaluations if and when it is deemed necessary, and I hereby give permission to perform the tests or my refusal may lead to termination of treatment. The presence of unauthorized substances may result in my being discharged from your care.

For female patients only:

To the best of my knowledge I am NOT pregnant.

If I am not pregnant, I will use appropriate contraception/birth control during my course of treatment. I accept that it is **MY responsibility** to inform my physician immediately if I become pregnant.

If I am pregnant or am uncertain, I WILL NOTIFY MY PHYSICIAN IMMEDIATELY.

All of the above possible effects of medication(s) have been fully explained to me and I understand that, at present, there have not been enough studies conducted on the long-term use of many medication(s) i.e. opioids/narcotics to assure complete safety to my unborn child(ren). With full knowledge of this, I consent to its use and hold my physician harmless for injuries to the embryo/ fetus / baby.

I UNDERSTAND THAT THE MOST COMMON SIDE EFFECTS THAT COULD OCCUR IN THE USE OF THE DRUGS USED IN MY TREATMENT INCLUDE BUT ARE NOT LIMITED TO THE FOLLOWING: constipation, nausea, vomiting, excessive drowsiness, itching, urinary retention (inability to urinate), orthostatic hypotension(low blood pressure), arrhythmias(irregular heartbeat), insomnia, depression, impairment of reasoning and judgment, respiratory depression (slow or no breathing), impotence, tolerance to medication(s), physical and emotional dependence or even addiction, and death. I understand that it may be dangerous for me to operate an automobile or other machinery while using these medications and I may be impaired during all activities, including work.

The alternative methods of treatment, the possible risks involved, and the possibilities of complications have been explained to me, and I still desire to receive medication(s) for the treatment of my chronic pain.

The goal of this treatment is to help me gain control of my chronic pain in order to live a more productive and active life. I realize that I may have a chronic illness and there is a limited chance for complete cure, but the goal of taking medication(s) on a regular basis is to reduce (but probably not eliminate) my pain so that I can enjoy an improved quality of life. I realize that the treatment for some will require prolonged or continuous use of medication(s), but an appropriate treatment goal may also mean the eventual withdrawal from the use of all medication(s). My treatment plan will be tailored specifically for me. I understand that I may withdraw from this treatment plan and discontinue the use of the medication(s) at any time and that I will notify my physician of any discontinued use. I further understand that I will be provided medical supervision if needed when discontinuing medication use.

I understand that no warranty or guarantee has been made to me as to the results of any drug therapy or cure of any condition. The long-term use of medications to treat chronic pain is controversial because of the uncertainty regarding the extent to which they provide long-term benefit. I have been given the opportunity to ask questions about my condition and treatment, risks of non-treatment and the drug therapy, medical treatment or diagnostic procedure(s) to be used to treat my condition, and the risks and hazards of such drug therapy, treatment and procedure(s), and I believe that I have sufficient information to give this informed consent.

PAIN MANAGEMENT AGREEMENT:

I UNDERSTAND AND AGREE TO THE FOLLOWING:

That this pain management agreement relates to my use of any and all medication(s) (i.e., opioids, also called 'narcotics, painkillers', and other prescription medications, etc.) for chronic pain prescribed by my physician. I understand that there are federal and state laws, regulations and policies regarding the use and prescribing of controlled substance(s). Therefore, medication(s) will only be provided so long as I follow the rules specified in this Agreement.

My physician may at any time choose to discontinue the medication(s). Failure to comply with any of the following guidelines and/or conditions may cause discontinuation of medication(s) and/or my discharge from care and treatment. Discharge may be immediate for any criminal behavior:

- My progress will be periodically reviewed and, if the medication(s) are not improving my quality of life, the **medication(s) may be discontinued**.
- I will **disclose** to my physician **all medication(s)** that I take at any time, prescribed by any physician.
- I will use the medication(s) exactly as directed by my physician.
- I agree **not to** share, sell or otherwise permit others, including my family and friends, to have access to these medications.
- I will not allow or assist in the misuse/diversion of my medication; nor will I give or sell them to anyone else.
- All medication(s) must be obtained at **one pharmacy, where possible**. Should the need arise to change pharmacies, my physician must be informed. I will use only one pharmacy and I will provide my pharmacist a copy of this agreement. I authorize my physician to release my medical records to my pharmacist as needed.
- I understand that my medication(s) will be refilled on a regular basis. I understand that my prescription(s) and my medication(s) are exactly like money. If either are lost or stolen, they may NOT BE REPLACED.
- Refill(s) will not be ordered before the scheduled refill date. However, early refill(s) are allowed when I am traveling and I make arrangements in advance of the planned departure date. Otherwise, I will not expect to receive additional medication(s) prior to the time of my next scheduled refill, even if my prescription(s) run out.
- I will receive medication(s) **only from ONE physician** unless it is for an emergency **or** the medication(s) that is being prescribed by another physician is approved by my physician. Information that I have been receiving medication(s) prescribed by other doctors that has not been approved by my physician may lead to a discontinuation of medication(s) and treatment.
- If it appears to my physician that there are no demonstrable benefits to my daily function or quality of life from the medication(s), then my physician may try alternative medication(s) or may taper me off all medication(s). I will not hold my physician liable for problems caused by the discontinuance of medication(s).
- I agree to submit to urine and/or blood screens to detect the use of non-prescribed and prescribed medication(s) at any time and without prior warning. If I test positive for illegal substance(s), such as marijuana, speed, cocaine, etc., treatment for chronic pain may be terminated. Also, a consult with, or referral to, an expert may be necessary: such as submitting to a psychiatric or psychological evaluation by a qualified physician such as an addictionologist or a physician who specializes in detoxification and rehabilitation and/or cognitive behavioral therapy/psychotherapy.
- I recognize that my chronic pain represents a complex problem which may benefit from physical therapy, psychotherapy, alternative medical care, etc. I also recognize **that my active participation** in the management of my pain is extremely important. I agree to **actively**

participate in all aspects of the pain management program recommended by my physician to achieve increased function and improved quality of life.

- I agree that I **shall inform any doctor** who may treat me for any other medical problem(s) that I am enrolled in a pain management program, since the use of other medication(s) may cause harm.
- I hereby give my physician **permission to** discuss all diagnostic and treatment details with my other physician(s) and pharmacist(s) regarding my use of medications prescribed by my other physician(s).
- I must take the medication(s) as instructed by my physician. **Any unauthorized increase** in the dose of medication(s) may be viewed as a cause for discontinuation of the treatment.
- I must **keep all follow-up appointments** as recommended by my physician or my treatment may be discontinued.

I certify and agree to the following:

- I am **not currently using illegal drugs or abusing prescription medication**(s) and I am not undergoing treatment for substance dependence (addiction) or abuse. I am reading and making this agreement while in full possession of my faculties and not under the influence of any substance that might impair my judgment.
- 2) I have **never been involved** in the sale, illegal possession, misuse/diversion or transport of controlled substance(s) (narcotics, sleeping pills, nerve pills, or painkillers) or illegal substances (marijuana, cocaine, heroin, etc.)
- No guarantee or assurance has been made as to the results that may be obtained from chronic pain treatment. With full knowledge of the potential benefits and possible risks involved, I consent to chronic pain treatment, since I realize that it provides me an opportunity to lead a more productive and active life.
- I have reviewed the side effects of the medication(s) that may be used in the treatment of my chronic pain. I fully understand the explanations regarding the benefits and the risks of these medication(s) and I agree to the use of these medication(s) in the treatment of my chronic pain.

Patient Signature	
Physician Signature (or Appropriately Authorized Assistan	_ 1t)
Name and contact information for pharmacy	_

Informed Consent

Patient Consent for Injections

Print Name ___

(Epidural steroid injections, Facet injections, Trigger point injections, Nerve blocks, etc.)

The risk of injury while undergoing any type of injection therapy is very low. Many safeguards are used to maximize our chance of success and lower your chance of injury. Possible side effects from medications used in most injections are swelling, weight gain, hot flashes, mood changes, increased appetite, and allergic reactions. Bleeding, infection, nerve injury, paralysis, pneumothorax, chronic pain, , temporary pituitary suppression with decrease in cortisol production, and worsening of the pain are possible complications of any type of surgery or injection treatments.

Patients with diabetes must monitor their serum glucose carefully. Steroid injections may cause large elevations in serum glucose. If your serum glucose rises, you must seek medical attention as soon as possible.

Print Name	Signature	Date
Patient Consent for "OFF L	ABEL" Pain Medications	
provides an indication and do	United States have a label approved by the United sage for the drug, but neither physician nor paties	d States Food and Drug Administration. This label ent is legally bound to follow them. Pain treatment as that are for an indication or dosage not listed on
		'off-label" use of one or more drugs. The rom off-label use, since the benefit of pain control
Specific Off-Label Uses Any and all off-label use of d	rugs are covered by this consent including, but no	ot limited to the following:
2. The administration of hours.	ssants, anti-epileptics, muscle relaxants, tranquili of sustained release preparations of morphine and opioids is to be determined y therapeutic effect ra	l oxycodone used more frequently than every 12
I, the undersigned, agree to	the above and release the physician and clinic	e of all liability for off-label use of drugs.

______ Signature______ Date__

CONSENT TO USE AND DISCLOSE PROTECTED HEALTH INFORMATION AND ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES

1. Patient Consent for the Use and Disclosures of Protected Health Information ("PHI")

I, the undersigned patient, give my consent to the provider entity and its agents to use or disclose my protected health information ("PHI") to carry out treatment, payment, or health care personnel including, but not limited to, physicians, certified registered nurses anesthetists, anesthesia assistants, nursing staff, nurse practitioners, physicians assistants, child life specialists, physical therapists, respiratory therapists, X-ray personnel, audiologists, students in each of the above disciplines, and other such entities or persons as deemed related to treatment, payment, and health care operations, as determined in sole discretion of the provider, his/her/practice group, and their respective agents.

2. Permission to Release Medical Records or Providers

If another provider who is involved with treatment, payment, or health care operations relating to me requests my medical records, I consent to release of my entire medical records maintained by the provider to those other providers.

3. Permission to Release Billing Information over the Telephone

I agree, as part of this consent for payment operations, that the provider, its group, and their billing personnel, billing agents, or management company can disclose billing information to any person that calls the provider with billing questions after the provider inquires as to the identity of the calling person and the calling person provides my correct social security number or health plan number.

4. Permission to Call and Leave Voice Messages

I agree that the provider or its agents or representatives may call and leave a voice mail message at y home or other umber I provide them regarding medical appointments, billing or payment issues, or other information related to treatment, payment, or health care operations.

5. Permission to Discuss Protected Health Information with Third Persons

I agree that the provider may discuss my PHI with any person that accompanies me to a visit or is present with me when the provider is present. The provider may rightly assume that if another person is with me, I have no objection to disclosure of my PHI to that person. I also agree the provider may discuss my PHI with any persons that identifies him or herself as active in my mental, physical, emotional, spiritual care, including but not limited family, friends, clergy, and patient advocates. I also agree that the provider, his/her practice group, and their agents may disclose my PHI to employers who arrange and pay, directly or indirectly, for my medical treatment.

6. Permission to Discuss Protected Health Information Regarding Minors

I agree that the provider, his/her practice group, and their agents may discuss my child's PHI with the person accompanying the child. I agree that the provider may discuss PHI with both natural parents and step parents. I acknowledge that state may grant my child certain privacy rights regarding the child's PHI, and that I have no right to receive this information.

7. Permission to Discuss Protected Health Information with Public Agencies

I agree the provider, his/her practice group, and their agents may, upon request by the following entities, disclose my PHI to public health agencies, law enforcement, and the FDA.

Patient Signature	Date	